Social Media Posts

Over the course of the Support phase, share the following posts with community leaders to enjoy and share with their private and public networks. Digital files can be found on the electronic version of SASA! Together.

Thanks, GBV Prevention Network!

Many of the visual posts used in SASA! Together were produced by the GBV Prevention Network, a vibrant network of activists and organizations coordinated by Raising Voices working to prevent and respond to violence against women. Learn more at http://preventgbvafrica.org.

Text to Post: What can you do differently to balance power in your relationship? #SASATogether

Text to Post: Are you an activist? Have you spoken out against something that wasn’t right? Activists are everyday people acting on their values. #SASATogether

What is Activism?

Activism is doing something about injustice with the goal of creating and inspiring social change. #SASATogether
ACTIVISM is NOT about who can SHOUT the loudest. It’s knowledge and analysis of the issues that give activists their confidence and strength. #SASATogether

Text to Post: How are you demonstrating your values in your words and actions today? #SASATogether

Integrity is living by your values when it is hardest. Walking the talk. Being your beliefs. Starting with your own life. #SASATogether

If there is a vision of change in your heart, then there is an activist within. #SASATogether

Text to Post: What is your vision for your relationship? For your community? Visualize the change you wish to see. Talk with others about how to create it. #SASATogether

Leaders inspire by TAKING RISKS to do the right thing. #SASATogether

Text to Post: What risks are you willing to take to stand out, speak out, take action to right a wrong? #SASATogether

• Listen to them
• Tell them the violence is not their fault
• Talk with them about their options and how to stay safe
• Support their choices, even when you don’t agree
• Help them find other support and services, if they are interested

Support women and girls who have experienced violence:

Text to Post: Reach out to a woman experiencing violence. Stop ignoring it. Join your power with hers. #SASATogether

Text to Post: What do you want to learn more about so you can become a stronger activist? Reach out and talk with others. #SASATogether

Text to Post: What do you want to learn more about so you can become a stronger activist? Reach out and talk with others. #SASATogether

Text to Post: What is your vision for your relationship? For your community? Visualize the change you wish to see. Talk with others about how to create it. #SASATogether

Text to Post: What risks are you willing to take to stand out, speak out, take action to right a wrong? #SASATogether
**Text to Post:** Joining power with others to prevent violence against women helps us all. #SASATogether

**Text to Post:** Reach out to a man committed to not using violence. Join your power with his. #SASATogether

**Text to Post:** Hold men who use violence accountable. Use your power to speak out. #SASATogether

**Text to Post:** Support men choosing non-violence:

- Discuss the benefit of non-violence and balanced power
- Encourage them to be partners, not patriarchs
- Tell them change is challenging but possible
- Help them think through difficult moments in their relationships and how to handle them without violence
- Connect them with other men, services or support

**Hold men using violence accountable:**

- Tell him violence is never acceptable
- Explain that violence is his choice—no one can provoke someone to use violence
- Describe how his behavior hurts himself and others
- Offer to connect him with services or other support

**Give Support!** How can you join your power with others?