It is a time for supporting each other. Respecting, Listening, Caring.

How are you using your power positively?
Community Conversation 4

Discussion Questions

- What do you see in this image?
- What does supporting your partner during this time look like?

- Never using violence – physical, verbal or sexual.
- Listening to how your partner feels, avoiding judgment or criticism.
- Appreciating your partner at least once a day – say something nice about them, what they do for your family or who they are as a person.
- Build trust and connection with your partner and/or family.

Take home idea

Use your power positively, do at least one thing every day to show your partner you care.

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