Together we are stronger!



Being Kind





Reaching Out



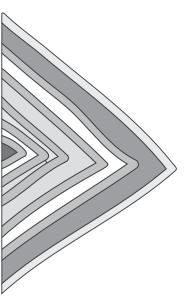


Protecting Each Other



How can you use your power positively?





Poster

3

Discussion Questions

What kind of community would you like to live in?

A community...

- where we can rely on, trust and help each other.
- where we speak out when we see something harmful or someone in need of support rather than staying quiet or keeping to ourselves.
- where the safety of women at home and in the community is prioritized.
- where we hold each other accountable and find safe ways of holding men using violence accountable.
- where we value everyone (women, girls, men, boys) equally.
- where public health guidelines are followed we can keep each other safer.

▶ How would it feel to live in such a community?

- Safe, protected, cared for, valued, happy, healthy.
- Proud of one's own contribution and grateful to others for their efforts.
- Everyone feels power with others and together we can create a caring and loving community.
- A place where we can devote more time and energy to developing ourselves, our family and our community.

Take home idea

A strong community grows when we all use our power positively – in small and big ways to be kind and help each other.