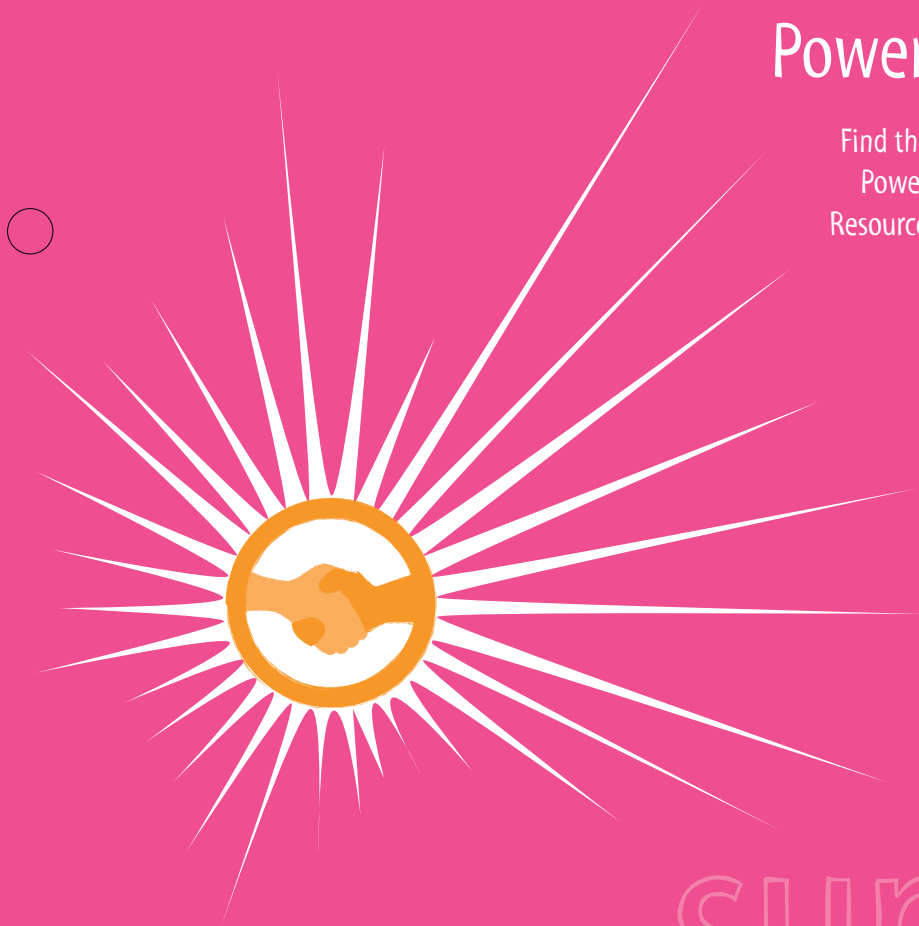


media & advocacy

PowerPoint presentation

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support

Offer
support
to prevent violence
against women and
HIV infection.



Dual Pandemics

**Violence against women and
HIV/AIDS are dangerously
connected. We must address them
both and address them together.**

You can help create change!

The Facts

- **A study in South Africa found that women who had violent or controlling partners had an HIV infection rate 50 percent higher than that of other women, and that abusive men were more likely to be infected than non-abusive men.¹**
- **According to a study in Tanzania, young HIV positive women (18 to 29 years old) are ten times more likely to report partner violence than young HIV negative women.²**

1 Dunkle K., Jewkes R., Brown H., Gray G., McIntyre J., and Harlow S. (2004). Gender-Based Violence, Relationship Power, and Risk of HIV Infection in Women Attending Antenatal Clinics in South Africa. *The Lancet*, 363, 1415-1421.

2 Maman S., Mbwambo J., Hogan M., Kilonzo G., Sweat M. and Weiss E. (2001). *HIV and Partner Violence: Implications for HIV Voluntary Counseling and Testing Programs in Dar es Salaam, Tanzania*. Washington, D.C: Population Council/Horizons, 3.

Violence against women is an
abuse of power

But few are talking about it. Why?

**Violence against women happens
because in many communities men's
use of power over women is accepted.**

It is tolerated.

It is ignored.

It is seen as normal.

But it doesn't have to be this way.

We need to start asking questions ...

- **Does violence bring happiness?**
- **Is HIV/AIDS inevitable in our communities?**
- **Do we have to keep living with the burden of both violence and HIV/AIDS?**
- **What can we do if we want things to be different?**

- **In Malawi, two out of three women who did not tell anyone about being abused kept quiet because they felt that telling someone wouldn't achieve anything.¹**
- **One out of five women in the same study said they were too embarrassed to report the abuse to anyone.²**

1,2 Pelter E., Gondwe L., Mayamba C., Mhango T., Phiri W. and Burton P. (2005) *Intimate Partner Violence: Results from a National Gender-Based Violence Study in Malawi*. Pretoria, Crime & Justice Statistical Division, National Statistical Office, Institute for Security Studies, 39.

What can we do if we want things
to be different?

- **We can give women our support.**
- **We can help them realize that the violence is not their fault and that they are not alone.**
- **Supporting women is just the beginning.**

Change is possible.

Change is essential.

Change starts with us.

Join your power
with others'.

Offer your support.

Offer support to girls and women

- **Listen to them.**
- **Take them seriously.**
- **Tell them the violence is not their fault.**
- **Talk with them about their options.**
- **Support their choices, even when you don't agree.**
- **Help them find other support and services if they are interested.**

Offer support to men choosing non-violence

- **Encourage them to balance power in their relationships.**
- **Discuss the benefits of non-violence.**
- **Encourage them to be partners not patriarchs.**
- **Tell them change is challenging but possible.**
- **Demonstrate respect in your own relationships.**
- **Help them think through difficult moments in their relationships and how to handle them without violence.**
- **Connect them with other men, services or support.**

Offer support to other activists

- **Recognize their courage**
- **Tell them you appreciate their efforts.**
- **Stand in solidarity with them.**
- **Lend your voice, your hand, your heart.**
- **Become an activist yourself.**
- **Connect with other activists—talk, share, learn from each other and support each other.**

Give Support.

Find Support.

NOW!

www.raisingvoices.org/sasa.php