

What is Positive Discipline?

OUR SCHOOL RULES:

Students
shall:

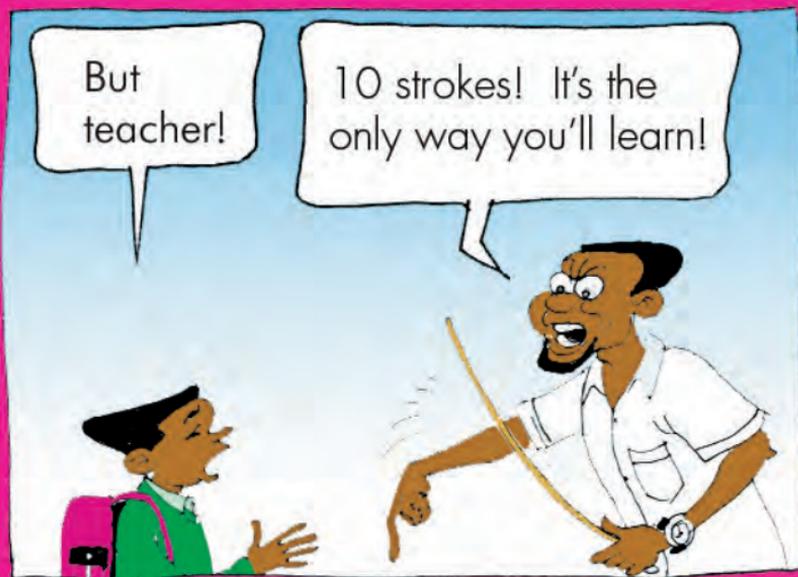
1. Run...
2. Walk...
3. Be...
4. Ta...

Teachers
shall:

1. Keep...
2. Be...
3. Give...
4. Use...

A good school is everyone's right!





These kids never learn! I caned Hassan for the same thing on Monday!



You're right! They are so stubborn!

Oh, how was the staff meeting yesterday?



You weren't there?

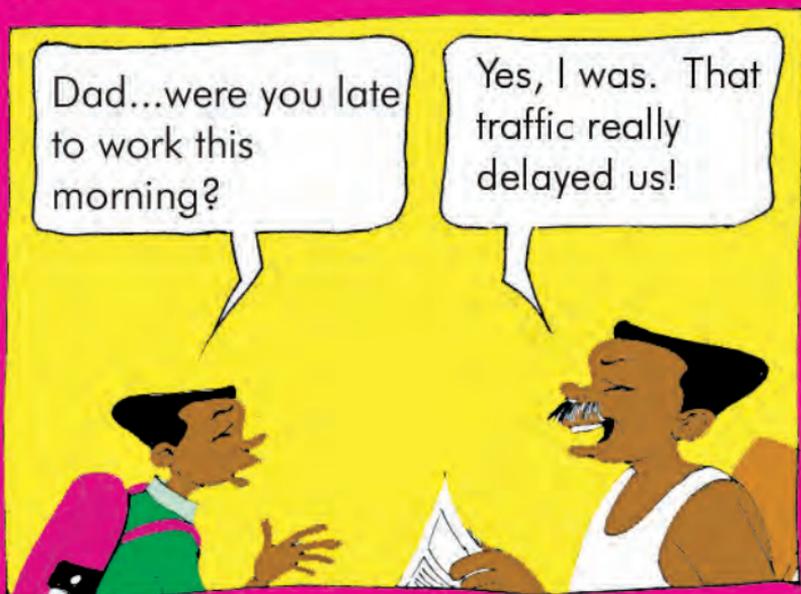
I was somehow busy... so I came at the very end.



Do you think teacher got beaten for being late?

Ha!
Don't be silly!





Were you
beaten for
being late?

Of course not! I'm
not an animal!



I don't understand!
Then... why was I
beaten??



Beating doesn't help children change their behaviour. It just makes them fearful and confuses them about what is right and wrong. It is abuse of power...

Do your work!

Yes, Ma'am!



Sweep this classroom!

Yes, sir!

Beating may teach children to obey you, but they will not understand why they should behave in the way you want them to.



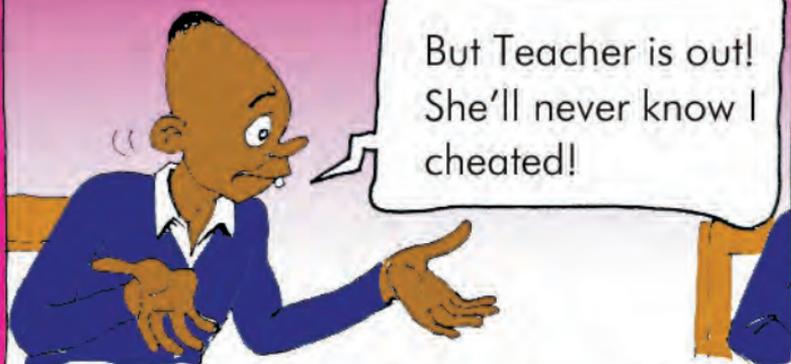
They will spend time thinking about how to avoid punishment instead of why they should behave better.

Let me see your answer...

No!



But Teacher is out!
She'll never know I
cheated!



Beating does not help children develop a clear understanding of what is right or wrong.

If we want to help students learn right from wrong, we must develop positive discipline in them!



Positive discipline means 3 things!



Positive discipline means:



Teaching children
life-skills.



Guiding children
using fair and
non-violent
responses



Creating a positive
environment within
which children see
values and
standards
modelled to them.

Our school encourages positive discipline in the individual.

1.

We teach children life-skills.



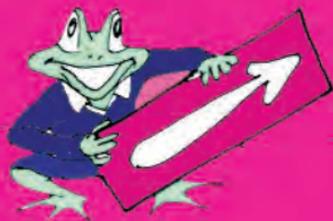
1. Thinking before acting
2. Thinking and long-term planning
3. Persistence
4. Confidence
5. Patience
6. Creativity
7. Honesty

Skills that enable us to make better decisions to succeed in life are life-skills.

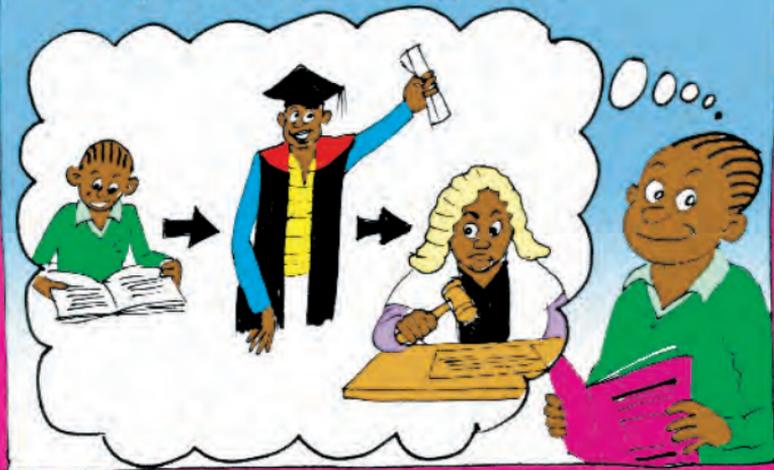




We know that
successful
people have
many things in
common...



They have a clear goal...



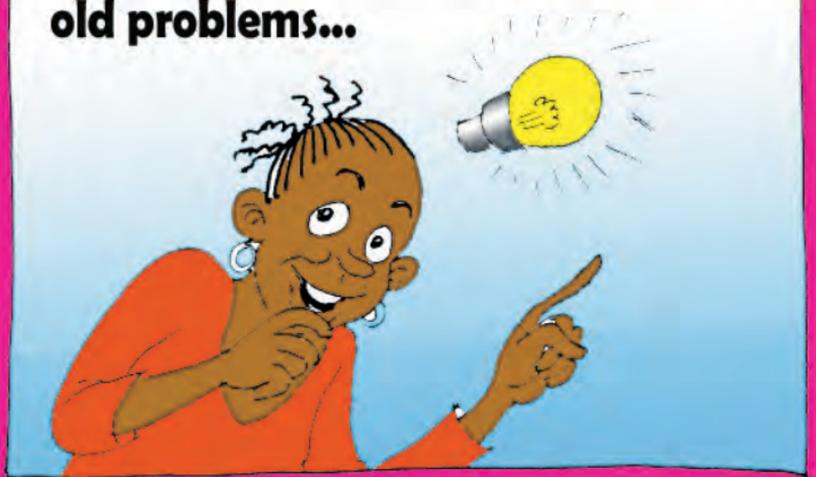
They believe in themselves...



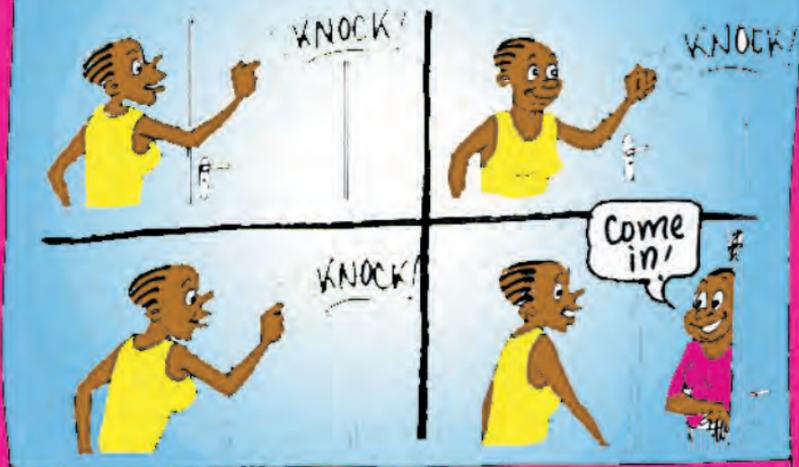
They work hard...



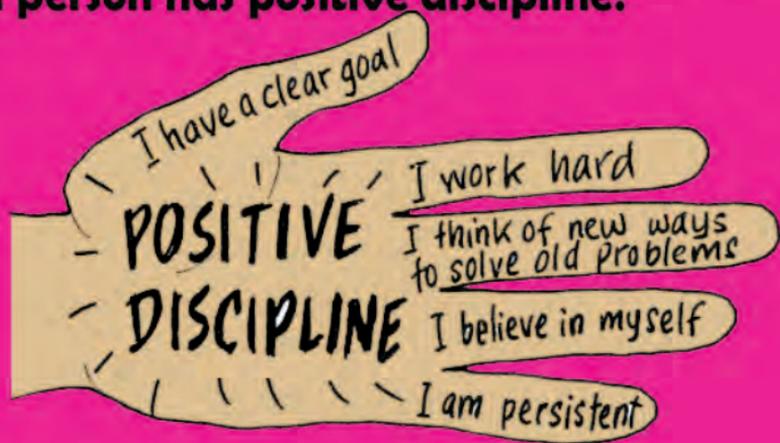
They think of new ways to solve old problems...



They are persistent...



**When all of these skills come together,
a person has positive discipline!**

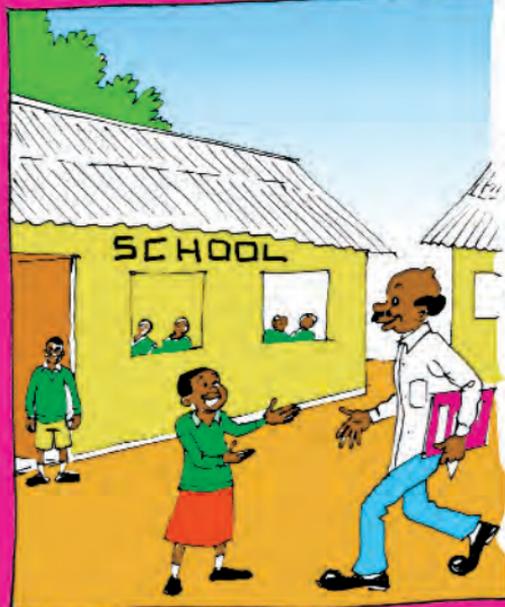


**Positive discipline comes from
inside,**



**based on how we feel about
ourselves.**

**Successful
people learn
these skills
early
from parents
and guardians,**



**but most
importantly
they learn
them from
their school!**

That's
right!

At our school, we
encourage positive
discipline in our
classrooms!

2.

We reject
violence.
We never
use fear or
shame.





Some people think that if we don't beat children, they will get wild! They need to be controlled! They will not know how to make choices!

Positive discipline does not mean there are no consequences for bad behaviour.





Positive discipline means consequences are fair and consistent. They are always...



Focused on correcting behaviour...

Well done for wearing your uniform today... But tomorrow, be sure it is clean!

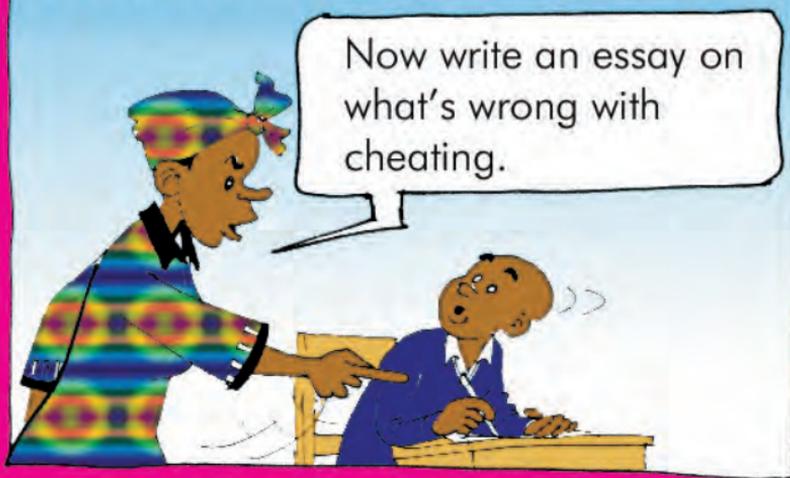


not humiliating the student.

You like being dirty? Put on this rag and wear it all day!



Focused on helping children learn...



not making them pay for their mistakes.



The stick is easy. It's always there! But positive discipline produces more lasting results!



But I don't think I can do all that!

It takes too much time!



To promote positive discipline, there

Reflection

For minor day-to-day problems, to help children think about their behaviour.

Reparation

For offences that cause damage, to help children take responsibility for their actions.

There are 4 levels of responses we use:

Penalty

For on-going problems, to help children understand consequences.

Last Resort

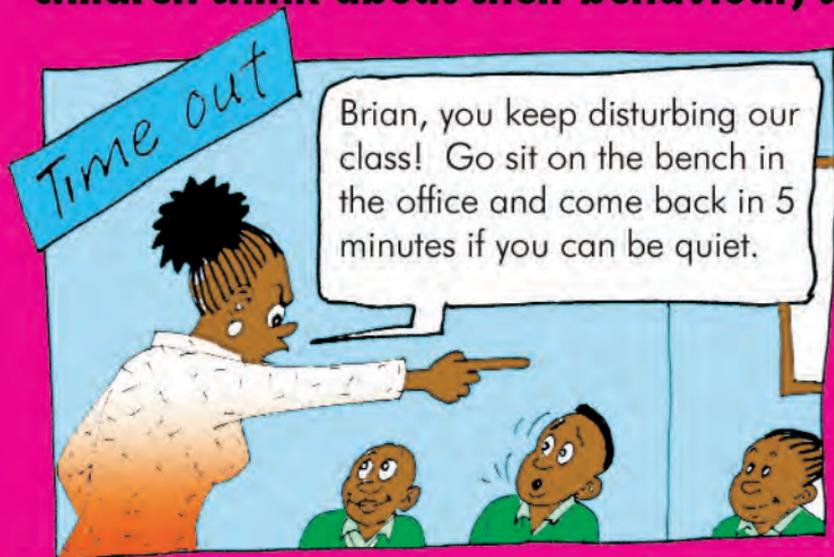
For very serious offences, to help children rehabilitate.

Here's how you can try them too!



Reflection:

for minor day-to-day problems, to help children think about their behaviour, try...



Reflection

Apologies

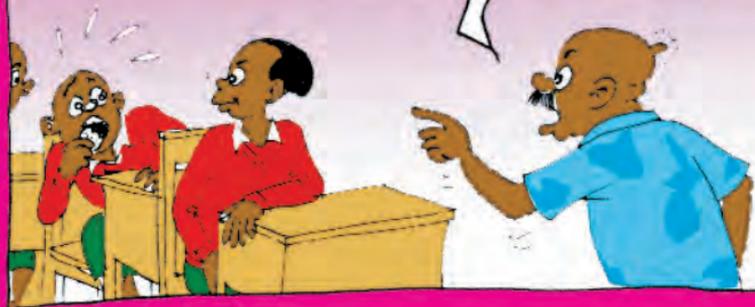
Mariam, I'm sorry I broke your pencil.



It's Ok. Thank you.

Verbal
warning

Salima, you know there is no eating in class. I'm asking you to put your food away now!



Letter
writing

Isaac, you will write a letter to Mr. Mujuzi, explaining why you continue to insult him!



Reflection

Reflection

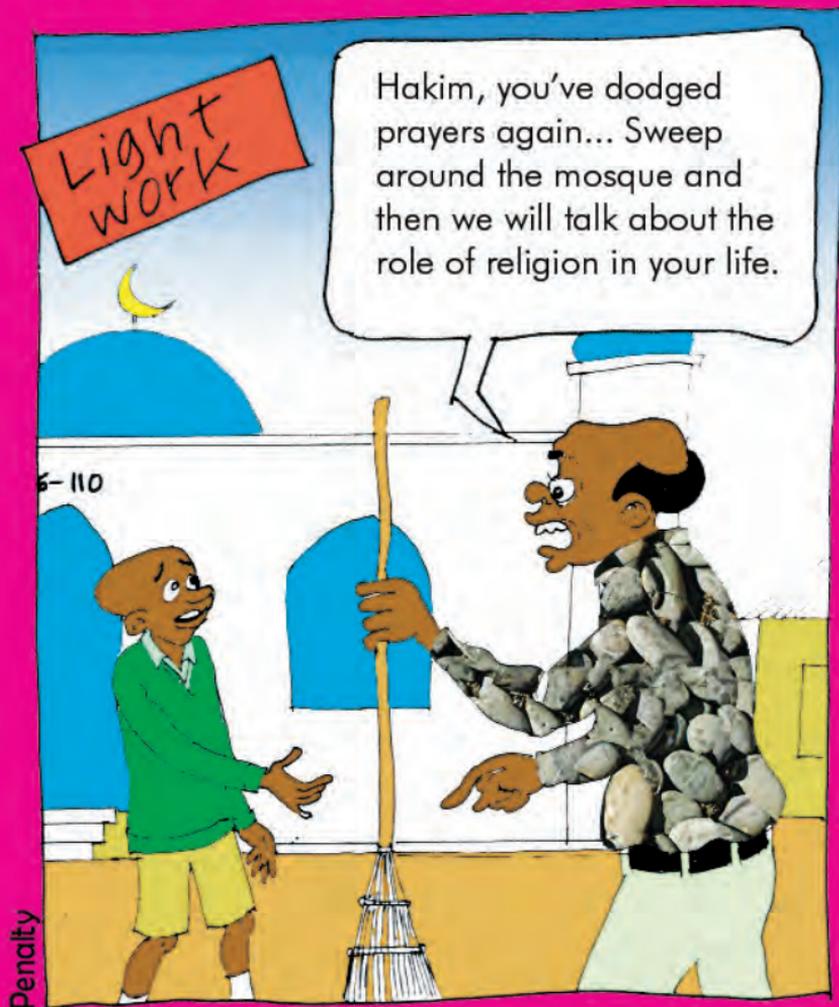
Infraction
slip

Paulo, I'm putting this paper on your desk. If you stop talking, I'll throw it away. If you choose to keep talking, I'll give it to the head teacher!



Penalty:

for on-going problems, to help children understand consequences, try...



Withdraw Privileges

Until you learn to respect your classmates, you can't play in the football team!



Detention

You've dodged math and missed your exam. You'll have to stay after class to do it.



Penalty

Behaviour Contract



I, Nambi, will not
dodge science class.
If I attend for 2
weeks without missing
I will be permitted to
sit my exams.

Nambi
Nambi

[Signature]
Teacher

Community service

Samson, what are you doing at that mzee's house?

I have to help my community because I was making trouble at school.



Demerit Box



Each time you misbehave, I'll put your name in the box.

If it goes in the box more than 3 times in a week, your name will be written in the Discipline Book.

Student court



As you keep disrupting class, we're moving your seat to the front next to the teacher!

Reparation:

for offences that cause damage, to help children take responsibility for their actions, try...

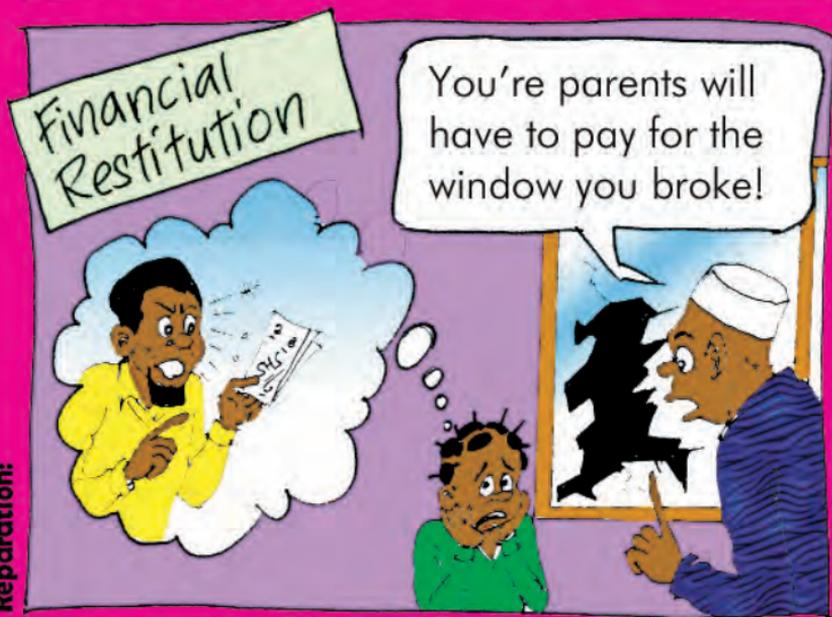
Public Apology

Fellow classmates, I'm sorry for spoiling all our footballs...



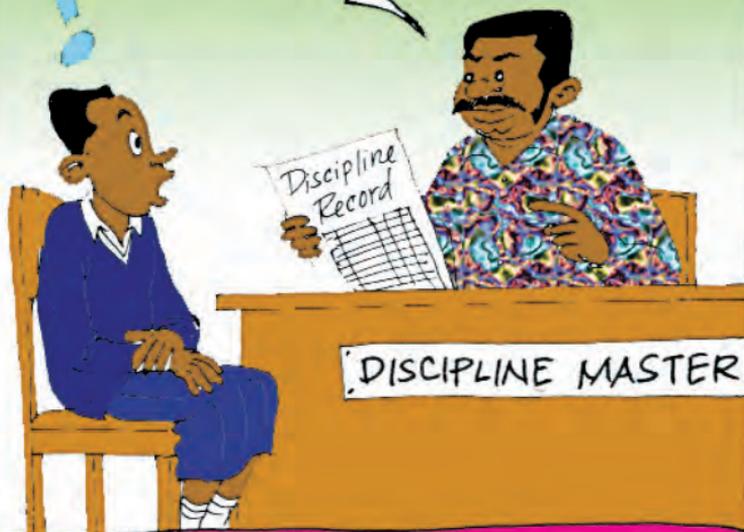
Reparation:

Reparation:



Official
Reprimand

Sofia, your conduct is very serious. It will be noted in your official school record!



Last Resort:

For very serious offences, to help children rehabilitate try...



Referral

My teacher sent me here...

Yes, I know she called me. You and I will meet every week together.

SOCIAL WORKER

Suspension

Drinking alcohol is a serious offence! You'll be out of school for 2 weeks and you must see the probation officer.

Calling
Parents

Your son has stolen
some equipment
from the science
lab. What should
we do?

! ?

HEAD MISTRESS



Remember
change is
difficult... it takes
time!

Children may rebel and challenge new things!

Teachers aren't going
to hit us anymore!!



We can do whatever
we want!!



That's right!
No more caning!
But remember, there
are clear rules!



**Be consistent...
stand on your word!**

He's serious! I like the
way they respect us!

Me too!



We uphold high standards and create good policies.

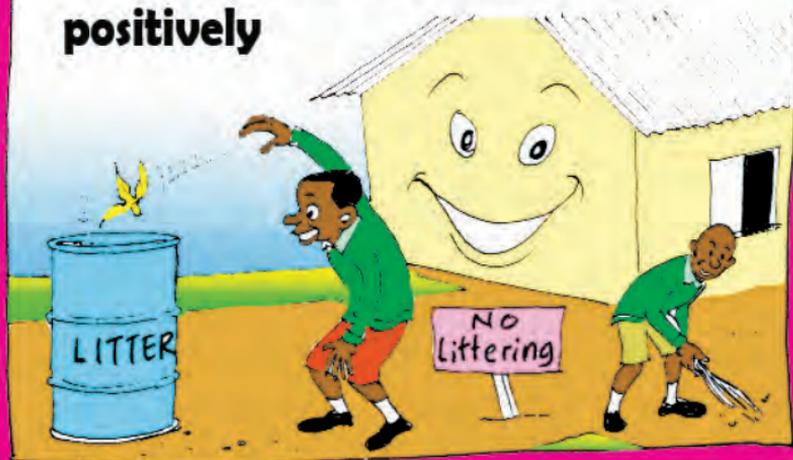
We aim to create a positive environment within which children see values modelled to them. We also promote positive discipline in the administration.



Standards are a set of values that our school lives by. They describe our vision of a *Good School*.



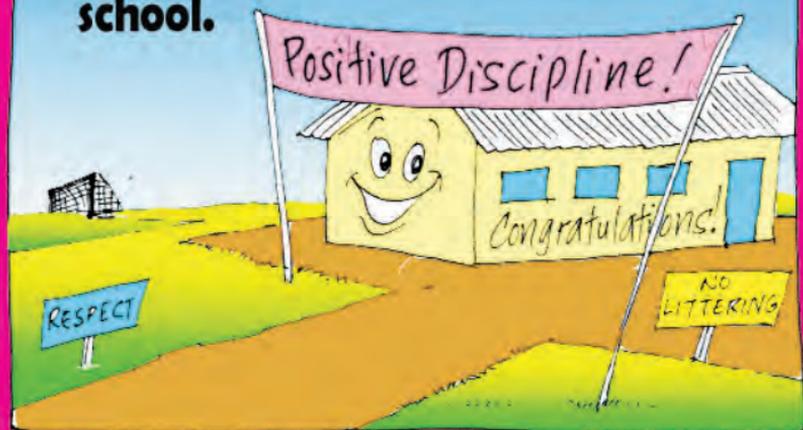
They inspire us to behave positively



We wrote our standards down...

- We encourage Positive Discipline
- We respect everyone
- We celebrate achievements
- We take pride in our school.

and posted them around the school.



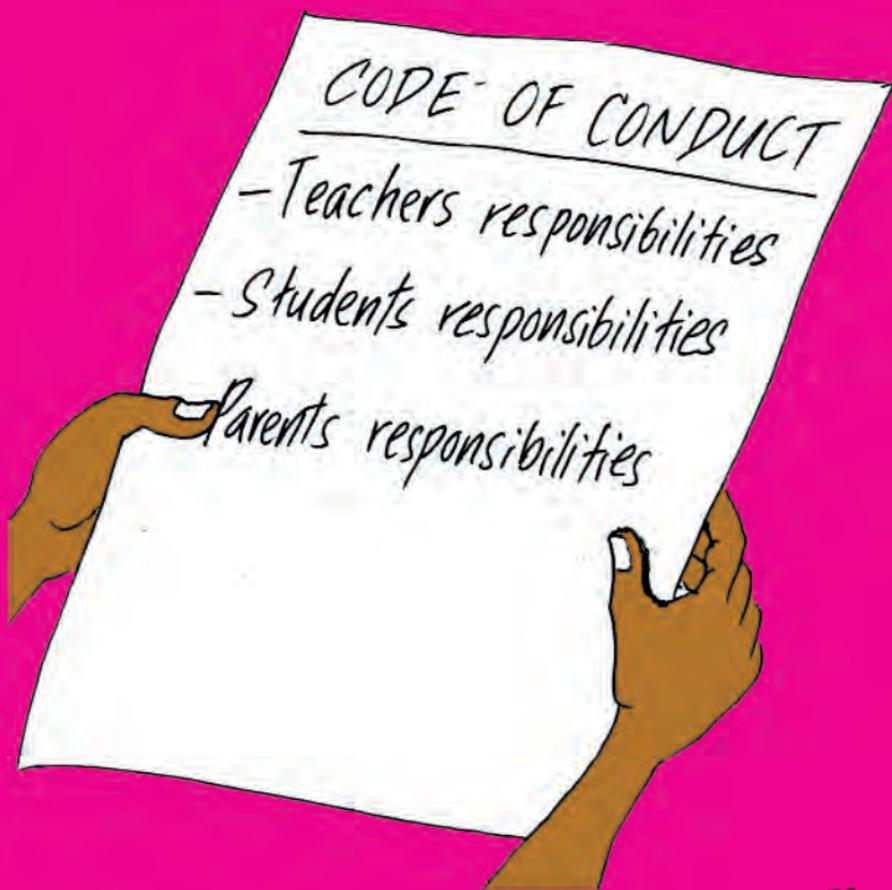
We even repeat them at assembly!



Positive discipline in the administration means taking those standards and developing rules to maintain them.

STANDARD	RULE
<ul style="list-style-type: none">• We take pride in our school	<ul style="list-style-type: none">- No littering- Destroying school property not allowed
<ul style="list-style-type: none">• We respect everyone	<ul style="list-style-type: none">- No bullying- No hitting- Zero tolerance for corporal punishment

Those rules are put together in our code of conduct, which states all of our roles and responsibilities,



as well as prohibited conduct

- No dodging class
- No smoking
- No cheating

and approved disciplinary measures.

- | | |
|---------------|------------------|
| ✓ Apology | ✓ Light work |
| ✓ Time out | ✓ Detention |
| ✓ Warning | ✓ Letter writing |
| ✓ Demerit Box | ✓ Call parents |

Positive discipline in the administration also means everyone is aware of our standards and policies,



and we all work together to keep them.



**Our children need positive discipline
to compete for jobs...**



**to make
good
decisions,**



to be good citizens



and to respect and support each other.



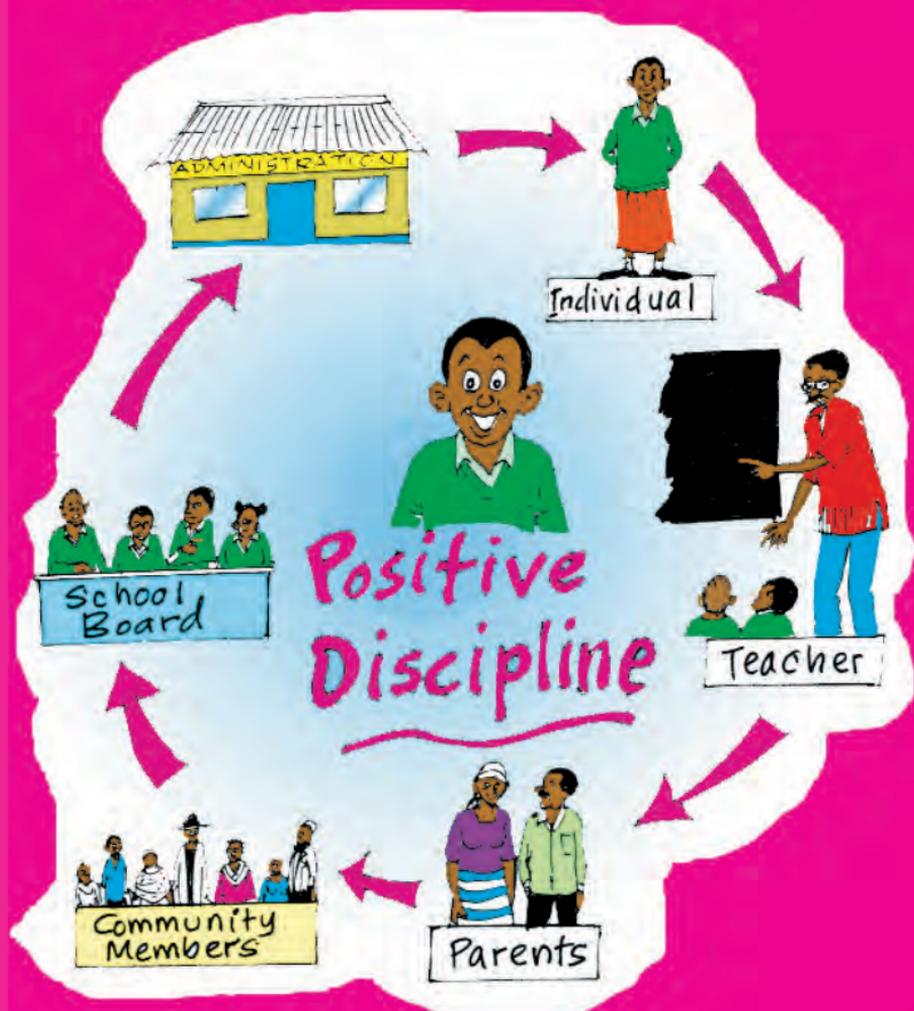
**Positive discipline looks to
future...**



to the



Positive Discipline means everyone is responsible for helping students learn and grow.

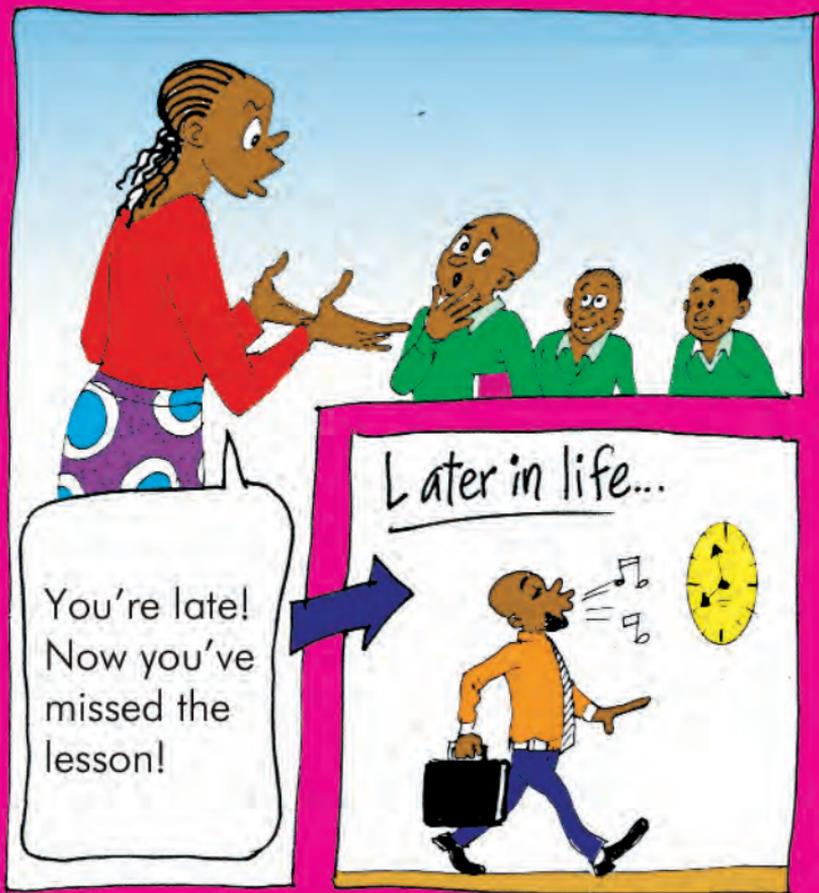


Positive Discipline helps children develop to their full potential!



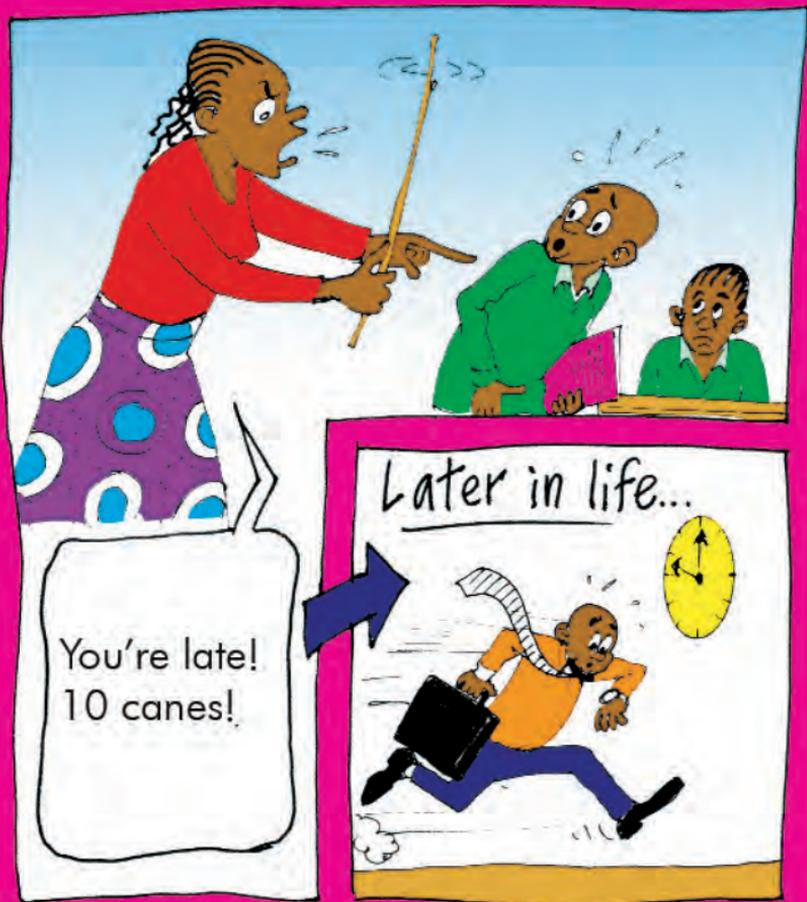
It focuses on long-term gain...

like learning why keeping time is important,



and not short-term results...

**like keeping time only because you'll
get beaten!**



When you encourage positive discipline

**in the
individual**



in the classroom

**and in the
administration**



You experience many benefits!

A better learning environment!

Stop that! I'm trying to pay attention!

Yeah! This class is too good!



More satisfaction as a teacher!

My students are excited to learn! They are not afraid to ask questions!



Better learning outcomes!

But why are plants green?

Good question!



Better reputation for the school!

Where do you go to school?

I go to Mulago.
It's a great school!
Teachers respect us!



Better for the community and the nation!

Look how
far I've
gone!



I've got
a job!

I completed
University!

The LC asked
me to help him!

A Good School uses

We teach children life-skills!

We never use fear or shame! We motivate.



Will you commit to using

es positive discipline!

We use non-violent responses!

We have high standards!

We create good policies!



g positive discipline?





What can you do to create positive discipline?

- Write class rules together!
- Elect a peer discipline committee!
- Reward student effort!
- Throw away the cane!
- Use alternative discipline responses!
- Listen to students!
- Find out why students are misbehaving!
- Be a role model!
- Have a school pride day!

How to apply ideas from this booklet.

- Make a list of the qualities a person with positive discipline has.
- Ask your friends or colleagues to make the same list and compare.
- Read this book together with other students or teachers and discuss the benefits of positive discipline.
- Discuss the challenges and make a list of how they can be overcome.
- Make role-plays to practice using the positive discipline responses.
- Work with other teachers and students to create a school-wide positive discipline approach.

WRITE YOUR

Notes

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.

IDEAS HERE.



We inspire children...

 Raising Voices



End Violence
Against Children

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www.raisingvoices.org

... not humiliate them!